



---

## INTERPERSONAL EFFECTIVENESS SOLUTIONS

### WINNING RELATIONSHIPS™

Emotional development and relational successes are key constituents in a student's overall growth, success and nurturing of personal esteem. Winning Relationships™ empowers the participants to be people smart and innovative, and to effectively build good relationships, in school, family and society. Inspiring participants to cherish the people around them, they are equipped with a blend of hard and soft skills ranging from effective communication skills to good moral values to effective team working skills.

### OVERCOMING CONFLICTS™

Many students start to experience various forms of conflicts and disagreements in their secondary school life; be it between friends, classmates, or even bullies, either as a party involved or as a third party. Overcoming Conflicts™ aims to help participants understand the role and purpose of conflicts, debunk myths about conflicts, and then provide students with various scenarios and accompanying strategies for facing, understanding, and then effectively managing and make the right decisions in resolving conflicts.